

Holy Week Services



14 April	10.15am	Liturgy of the Palms & Eucharist	
Palm Sunday		<i>St Mary de Lode/Cathedral</i>	
	3.30pm	Messy Worship	<i>St Swithun's</i>
Monday 15	7.30pm	Compline & address	<i>St Mary de Lode</i>
Tuesday 16	7.30pm	Compline & address	<i>St Mary de Lode</i>
Wednesday 17	7.30pm	Compline & address	<i>St Mary de Lode</i>
Maundy Thursday	7.00pm	Seder Meal (please book)	<i>St Mary de Lode</i>
Good Friday	2.00pm	An Hour before the Cross	<i>St Swithun's</i>
Easter Eve	8.00pm	The Liturgy of Easter Eve	<i>St Swithun's</i>
Easter Sunday	8.00am	Holy Communion	<i>St Swithun's</i>
	9.15am	Sung Eucharist w Easter Egg hunt	<i>St Mary de Lode</i>
	11.00am	Family Eucharist w Easter Egg hunt	<i>St Swithun's</i>
	3.00pm	Festal Evensong	<i>Cathedral</i>

The Parish of Hempsted with St Mary de Lode
and St Mary de Crypt, Gloucester



Lent 2019



In the Church's calendar, the weeks leading up to Easter are known as Lent. Lent is a time to think about our priorities, how we treat one another and whether and how we make time for God. There are several opportunities to help us keep Lent in the Parish through prayer, study and thinking about the needs of others. You are welcome to join in.

Ash Wednesday

10.15am	Holy Communion	<i>St Swithun's Church</i>
7.30pm	Taizé style service	<i>St Mary de Lode</i>

Taizé Service

7.30pm *Wednesday 3 April* *St Mary de Lode*

Dementia-friendly Songs of Praise for Lent

Wednesday 13 March & Wednesday 10 April
St Mary de Lode 2.00pm

Lent Prayers

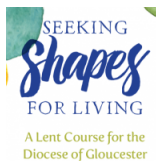
Saturdays at 10.00am at *St Mary de Lode*
March 9, 16, 23, 30; April 6, 13

Lent Lunches

an opportunity to give to the needs of others
12noon-1.30pm

Friday 8th March in the Lysons Hall, Hempsted
Friday 12 April in *St Mary de Lode*

These lunches are to raise money for Bishop Rachel's special collection, in particular this year for theological education in Tanzania and India, and closer to home for the work of the local charity *Allsorts* that supports more than 300 families across Gloucestershire who have a disabled child.



Lent Study Group: Seeking Shapes for Living - a Lent course for the Diocese of Gloucester

'For an extended time in history, life in Europe was so chaotic and dangerous it is remembered today as the 'Dark Ages'. But in a corner of Italy a man had a vision for Christian 'shapes of living' in troubled times. His name was Benedict and he wrote some simple and practical guidelines to help people develop the nurturing, securing and sustaining shapes for living that those times so sorely needed. Benedict's 'Rule of Life' has been used by communities and individuals around the world ever since.'

Rev Anna Griffiths will be exploring simple and practical guidelines to help us develop a sustainable, nurturing shape for our Christian lives today. Each meeting will last an hour and you are welcome to the service beforehand if you wish.

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| Wednesday 8 March | 11.00am Lysons Hall
(following the Ash Wednesday service in St Swithun's) |
| Wednesday 13 March | <i>no service or meeting</i> |
| Wednesday 20 March | 11.00am St Mary de Lode hall
(following the 10.15am service) |
| Wednesday 27 March | 11.00am Lysons Hall
(following the 10.15am service) |
| Wednesday 3 April | 11.00am St Mary de Lode hall
(no service that morning) |
| Wednesday 10 April | 11.00am Lysons Hall
(following the 10.15am service) |

The Cathedral Lent Study Group on science and religion, **The God Question: Science, God and the Search for Truth**, meets each Wednesday from 13 March to 10 April, 7.30-9.00pm in the Jerusalem Room, 4 College Green.

Further details may be found at www.swithunandmary.org.uk or telephone 01452 385070

Messy Church for Lent

Lysons Hall, Hempsted, 3.30pm-5.30pm

Sunday 10 March Messy Church

Fun activities, family worship and a cooked tea for all. Children please bring a grown-up to stay and take part with you.

Sunday 14 April: Messy Worship—Food, Feet and Feelings 3.30pm



The 'Real' Easter Egg trail

at Discover DeCrypt

Wednesday 17 to Saturday 20 April

11.00am-4.00pm

Use the talking pen to follow the Easter trail around the church and schoolroom and see what you can discover. Chocolate prizes for all.

FREE ENTRY. Children must be accompanied by an adult.



Concerts

Gloucestershire Police Choir Friday 8 March at 7.30pm

St Mary de Lode

A fundraising concert for St Mary de Lode sound system.

Tickets at £8.00 are available from Rose (521670) and at Hempsted Post Office.

Music for All Sunday 24 March at 2.00pm

Discover DeCrypt

An inclusive concert of fun, informal music making, ideal for anybody, young or old, who finds it hard to sit and listen quietly. The concert will last 45 minutes and there will be tea and cake afterwards.

Free entry. Please ensure that children and vulnerable adults are accompanied.