

Our prayers are asked:

- for our parish and Cathedral Church, that we might keep a holy Lent
- for Rachel Laughton in her role as Children and Families worker
- for all young people
- for all involved in distribution of the COVID vaccine
- for the countries of the world where war and strife prevail
- for all who are sick with coronavirus & those who are ill in different ways
- for all who have died including Shirley Lee, Doreen Aston, Pauline Selby, Christina Chivers & Derrick Allen
- for all who are bereaved

CHURCH CONTACTS

Churchwardens

St Mary de Lode	Richard Lane	521670
St Mary de Crypt	Peter Gould	419840
St Swithun's	Nick Roberts	413105

Parish Safeguarding Officers	Mary Gould	419840
	Roxy Nicholls	507676
Parish Administrator	Claire Saunders	
	admin@swithunandmary.org.uk	

Ministry Team

Parish Clergy	Nikki Arthy	523808
	nikkiarthy@btinternet.com	
	Sandra Millar	07976 823 986
	Geoff Eales	
	geoffeales@aol.com	

Pastoral Assistant & Licensed Worship Leader	Mary Gould	419840
Pastoral Assistant	Cath Wain	521799
Children and Families Worker	Rachel Laughton	07999 481 451

www.swithunandmary.org.uk



The Parish of Hempsted with St Mary de Lode
and St Mary de Crypt, Gloucester
in partnership with Gloucester Cathedral



Lent 1
21st February 2021

11.15am	Praying at Home	Zoom
Reading	Luke 4: 1-13	
Minister	Geoff Eales	

The Zoom link for Praying at Home should be on the email you received with this pew sheet; if not contact admin@swithunandmary.org.uk

Zoom Coffee is every Sunday at 12noon. All are welcome whether or not you attend the service.

Morning Prayer via Zoom is on Wednesdays and Fridays at 9.00am.
Compline via Zoom is on Thursdays at 9.00pm. Services last about 20 minutes and all are welcome.

Each week, the Sunday Eucharist at 10.15am and Choral Evensong on Tuesdays at 4.30pm are **live-streamed** from the Cathedral via www.gloucestercathedral.org.uk

Next Sunday Lent 2

Praying at Home	Zoom	11.15am
Virtual Messy Church	Zoom	4.00pm

Do let Nikki or Sandra know if you want to take part in one of the **Lent study groups**: Wednesdays 7.30pm-8.30pm led by Sandra or Thursdays 11am-12noon led by Nikki. We are studying Rowan William's book, *Candles in the Dark*, available from Mary Gould.

Through the Day With Mary Sandra is leading a Lenten day of prayer and reflection on Zoom on Saturday 6 March, 10am-3.30pm Sign up at www.discoverdecrypt.org.uk

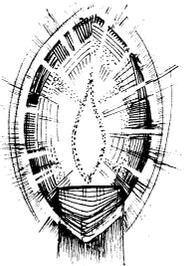
In the Diocese of Gloucester, as more of our family, friends and neighbours receive their vaccine, we are both joyful and relieved. But we are aware that many communities around the world are suffering and don't have access to vaccines. And many of them lack the basics they need to protect themselves like clean water for handwashing. As you or a family member is protected, Bishop Rachel invites you to help protect those who don't have access to vaccines by donating to the work of **Christian Aid** via www.gloucester.anglican.org

On Tuesday 2 March at 7.30pm, the PCC invites you to attend a parish meeting via Zoom to discuss the relationship between the parish and the Cathedral within the context of the **Deanery Strategic Plan**. In particular we are pondering the future shape of the parish and the increased use of our 3 church buildings for mission and ministry. Please contact Nikki or Claire for the Zoom link. If you'd like simply to have a conversation with our Deanery Synod reps Stuart Saxton or Mary Gould, contact them direct.

Encouragement and Hope: if you would like to share a poem or a prayer, recommend a book, a piece of music or a new hobby that is giving you **encouragement and hope** in this current lockdown, do let Claire know. admin@swithunandmary.org.uk

The following is The King's School Prayer which is used at all school services. Since the beginning of the pandemic, I find that the words of the prayer have taken on a new significance. When lockdown began last March, I printed it out and attached it to the inside of the front door of The Rectory. Each time I go out, I pause to pray the prayer. I take strength that even as I step out on paths as yet untrodden, through perils unknown, God is always leading, supporting and pouring out love. For me, this has become an important prayer of encouragement and hope. *Nikki*

Almighty God,
you have called your servants
to ventures of which we cannot see the ending,
by paths as yet untrodden,
through perils unknown.
Give us faith to go out with good courage,
not knowing where we go,
but only that your hand is leading us
and your love supporting us,
through Jesus Christ our Lord.
Amen.



Question to ponder: where today have I noticed glimmers of hope, gestures of love, steps in faith or moments of joy? Why not note these down in a journal at the end of the day, giving thanks to God for the gifts of hope, love, faith and joy.

Prayers for the Nation continue at 6pm each day
www.churchofengland.org