



FUN AND FAITH

Hempsted Children and Families Newsletter



I am delighted to introduce myself as the new Children and Families Worker. Employed by Hempsted Church, I work in partnership with Hempsted School. We aim to do two things: to support children and families across the Hempsted community and to share activities and opportunities for children and families to grow in faith.

Hello from Rachel You can contact me on 07999 481451 or rachel.childrenandfamilies@gmail.com

February is going to be a busy and exciting month. It will be Valentine's day and the beginning of Lent during half term. This year our Lent project is called 'Guess how much I love you.' You might like to make hearts to hang in your window, make a natural heart collage from things in your garden or make a card for someone at home. To share your heart photos and find out more about heart activities, you can join our



Facebook group **Hempsted Hearts**



Dates to look forward to

February 14th

Valentine's Day



February 16th

Pancake Day,
Shrove Tuesday

February 17th

Ash Wednesday

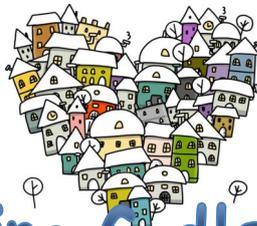
The first day of Lent



February 28th

Virtual Messy
Church

Virtual



Sunday 28th
February
4pm-5.15pm

Sharing God's Love

Jumping, singing, searching, making, sharing a Bible story, praying

Children must have an adult with them at all times

Do bring a drink and a snack for a virtual Messy Church tea!

Email Nikki for the Zoom link — nikkiarthy@btinternet.com

Dear Jesus, please help us to share your love and goodness by saying and doing kind things.
Amen



A little heart to cut out, copy, colour or write a message on

Try making a Lego Heart Tree



Count the hearts on this page



Messy Play Idea

Draw hearts with your fingers in shaving foam or cornflour and water gloop and think about the people you love

